

# Yoga On The Deck

June 27 – Sept. 5

Mondays & Wednesdays 9 am to 10:15 am

## Paul Smith's College VIC



An outdoor yoga class adds a different dimension to the practice.

Union (yoga) with nature, humanity and the universe is truly felt, intensifying your experience.

Prepay passes available online or on site  
[Earthshineyogastudio.com](http://Earthshineyogastudio.com)

\$15 Drop-in, 3/\$35, 5/\$60 or 10/\$100

Passes can be used at the VIC or at Earthshine Yoga Studio  
52 Dorsey St., Saranac Lake

For more information contact:

Class is open to all abilities. Bring a mat. Limited mats are available



[Earthshineyogastudio.com](http://Earthshineyogastudio.com)  
518-399-3008

Paul Smith's College VIC

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Paul Smith's, NY

[AdirondackVic.org](http://AdirondackVic.org)

518-327-6241

